



# GOLD CLASS SWIMMING

PRESENTS

## SUMMER SUPER SWIM CLINICS

Carey Sports Complex, Bulleen, Victoria | Tuesday 22 & Wednesday 23 January 2019

Gold Class Swimming are offering junior and age group competitive swimmers the opportunity to work with three of Australia's leading swimming coaches and educators.

Being one of a select group working with highly credentialed coaches Leigh Nugent (2 x Australian Olympic Head Coach), Rohan Taylor (2 x Olympic Team Coach) & Gary Barclay (experienced coach and author), each swimmer will benefit significantly by improving their swimming efficiency and understanding of the sport through this unique opportunity.



**Where:** Carey Sports Complex, 169 Bulleen Rd, Bulleen, Victoria, Indoor 25m pool

<b>Clinics Available:</b>	Tuesday 22 January 2019	Freestyle and Breaststroke - 10 to 12 years
	Tuesday 22 January 2019	Freestyle and Breaststroke - 12 to 16 years
	Wednesday 23 January 2019	Backstroke and Butterfly - 10 to 12 years
	Wednesday 23 January 2019	Backstroke and Butterfly - 12 to 16 years

Each clinic includes a 45min focus on each stroke, 15min on starts and 15min on turns.

**Cost:** Each clinic is \$100 incl GST

**How to Book:** Book via TryBooking at <https://www.trybooking.com/453790> to secure your place in the Clinics.

**Closing date:** Clinic places will close when filled.

**Swimmer Limit:** Each clinic is open to 32 swimmers with 3 coaches working across the groups. Bookings will be taken on a first in, first served basis together with the receipt of all monies. Parents are encouraged to book early to avoid disappointment.

Proudly supported by:





# GOLD CLASS SWIMMING

## SUMMER SUPER SWIM CLINICS CLINIC TIMETABLE

**Tuesday 22 January 2019**

**Freestyle and Breaststroke - 10 to 12 years**

8:45am Arrive at Pool  
9:00am to 11:00am Pool session  
11:00am to 11:30am Elite athlete session with swimmers & Rohan Taylor  
11:00am to 11:30am Parents session with Leigh Nugent & Gary Barclay

**Tuesday 22 January 2019**

**Freestyle and Breaststroke - 12 to 16 years**

11:45am Arrive at Pool  
11:50am to 12:20pm Elite athlete session with swimmers & Rohan Taylor  
11:50am to 12:20pm Parents session with Leigh Nugent & Gary Barclay  
12:30pm to 2:30pm Pool session

**Wednesday 23 January 2019**

**Backstroke and Butterfly - 10 to 12 years**

8:45am Arrive at Pool  
9:00am to 11:00am Pool session  
11:00am to 11:30am Elite athlete session with swimmers & Rohan Taylor  
11:00am to 11:30am Parents session with Leigh Nugent & Gary Barclay

**Wednesday 23 January 2019**

**Backstroke and Butterfly - 12 to 16 years**

11:45am Arrive at Pool  
11:50am to 12:20pm Elite athlete session with swimmers & Rohan Taylor  
11:50am to 12:20pm Parents session with Leigh Nugent & Gary Barclay  
12:30pm to 2:30pm Pool session

**Questions:**

If you have any questions in regards to the Clinic, please direct them to [swimclinic@goldclassswimming.com](mailto:swimclinic@goldclassswimming.com).

Proudly supported by:

